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## **EXPERTS' FAVORITE INDICATORS**

TimingResearch.com - September 2023

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## [TimingResearch.com](http://TimingResearch.com) [Lighting Round #4:](#)

# 9 Experts' Favorite Indicators

Thank you for downloading this document! For over 9 years now, I have been building TimingResearch.com as a resource to help people learn more about trading and investing from a variety of the world's top educators.

For this Lighting Round project, I contacted several of my favorite trading educators and asked them to describe their favorite trading indicator.

In this PDF you can read summaries of these presentations and click through to the ones you want to watch in full, or you can also access the list of videos [HERE](#).

Feedback, comments, questions? Simply reply to any TimingResearch.com email or use the contact form [here](#).

Thank you,  
-David J. Kosmider  
Founder of TimingResearch.com

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LR4 Version 2b  
Originally published September 4th, 2023  
Updated September 16th, 2023  
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# Daniel Sinnig of TradingIndicators.com



## **Presentation Title:**

[Unveiling SuperTrend 2.0: The Next Evolution in Trading Indicators](#)

## **Summary:**

1. Super Trend Version 2.0 Release: Daniel from trading indicators.com introduces the new Super Trend v2.0, an "all-in-one" game-changing trading tool with features from the original, plus significant enhancements. This update promises more impactful trading outcomes for its users.
2. Innovative Features: The new Super Trend has added auto-optimization to determine the best settings for traders, eliminating manual parameter inputs. Additionally, its next-generation scanning feature uses real-time statistics to identify not just buy and sell signals, but the most profitable ones, displaying performance directly on the trading chart.
3. Foundational Insight: The Super Trend, first created by Olivier Seban, is renowned for its ability to detect early trend reversals. Its key feature is its "always in the market" approach, allowing traders to stay active by identifying when to go long or short. The new version further improves this by auto-optimizing the Average True Range (ATR) and multiplier parameters for each trading symbol and timeframe, ensuring optimal profitability.

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**Bio:** Daniel is former consultant for Morgan Stanley. He has also taught several generations of software engineering students while doing advanced research in the area of requirements engineering and formal methods. He now specializes on writing custom indicators, expert advisors and strategy testing software. For TradingIndicators.com Daniel meticulously reviews every single indicator and scanner sold on the site to ensure they work flawlessly, reliable and smoothly.

# Erin Swenlin of DecisionPoint.com



## **Presentation Title:**

[Silver Cross Index: Your Key to Decoding Market Participation](#)

## **Summary:**

1. **Silver Cross Index Introduction:** The Silver Cross Index, an exclusive indicator developed by his team. It measures the percentage of stocks where the 20-day moving average moves above the 50-day moving average, providing an intermediate-term view of market trends. This contrasts with the better-known Golden Cross, which focuses on the 50-day moving average crossing the 200-day average for a long-term perspective.
2. **Market Bias Determination:** The Silver Cross Index offers insight into market bias. By comparing the percentages of stocks above their 20, 50, and 200-day EMA with the Silver and Golden Cross indexes, traders can ascertain bullish or bearish biases. If more stocks are above their designated EMAs than what's indicated on the Silver or Golden Cross indexes, the market has a bullish bias, and vice versa.
3. **Practical Application & Availability:** Aaron highlights the Silver Cross Index's efficacy in identifying market participation and providing timely signals for market entry or exit. It aligns well with price actions and aids traders in staying on the correct market side. The Silver Cross Index, along with the Golden Cross, can be accessed on DecisionPoint.com, covering major indexes, sectors, and select industry groups such as biotech, retail, and transportation.

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**Bio:** Erin Swenlin, Carl Swenlin's daughter, helped him create and manage the DecisionPoint.com website. She launched the DecisionPoint daily blog in 2009 alongside Carl and now serves as a consulting technical analyst and blog contributor at StockCharts.com. Erin is an active Member of the CMT Association. She holds a Master's degree in Information Resource Management from the Air Force Institute of Technology as well as a Bachelor's degree in Mathematics from the University of Southern California.



# Valerie Fox of TradeFocused.com



## **Presentation Title:**

[Fibonacci Retracement: Accelerate Your Trading Success](#)

## **Summary:**

1. Introduction to Fibonacci retracements and extensions: Valerie Fox, host of a trade-focused podcast and author of the "Self Reliant Trader Method" book, discusses her approach to using Fibonacci retracements and extensions as tools for defining entry and exit points in various trading strategies. The presentation is primarily educational and cautions traders to consult a financial advisor before making decisions.
2. Basics of "Fibs": These are tools used on charting platforms, connecting two relevant points like a high and a low. The platform then highlights percentage levels where the price might stall or reverse. Common retracement levels are 23.6%, 38.2%, 50%, 61.8%, and 78.6%. Fibonacci levels are tied to the golden ratio, which frequently appears in nature and human behavior, indicating a foundational trust in these levels.
3. Applying Fibs in Trading: Valerie shares two primary methods: In an established trend, she buys/sells at the 38.2% retracement, sets the stop at 123.6% retracement, and targets the -61.8% extension. For a counter-trend, specifically with a head and shoulders pattern, the buy/sell point is at the 61.8% retracement, with the stop at the 123.6% retracement, and the target is at the -38.2% extension. This approach applies to multiple markets including stocks, futures, forex, and crypto.

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**Bio:** Valerie started her first trading endeavors in 2011 as a means to achieve time and financial freedom, and she has been trading forex for over a decade now. Thanks to years of relentless effort with trading, various strategy exposure, and a lot of backtesting, Valerie was able to finally create her own personally aligned trade plan and optimize it for maximum profitability. Now, she uses this same method to turn her life into one of trading freedom, entrepreneurship, and helping others. This freedom has allowed Valerie and her family to move around the world and live a life of adventure.

# The Option Professor of [OptionProfessor.com](http://OptionProfessor.com)



## **Presentation Title:**

[Deciphering Market Movements: From RSI to Moving Averages](#)

## **Summary:**

1. Analysis of S&P 500 and Indicators: The presentation provides an in-depth analysis of the S&P 500, employing several indicators. The moving averages, rooted in price and time, are favored due to their reliability. Historically, long-term moving averages, particularly during the 2020 crash, have indicated market movements. The current trend suggests that the market is overbought and there's potential for a "reversion to the mean" in the coming months, especially if the 4600 mark isn't sustained.

2. RSI Divergence and Market Predictions: RSI (Relative Strength Index) divergence is another key indicator. A noted divergence is seen when the market hit new highs but the RSI showed lower values. This hints at a potential market pullback. If RSI surpasses 60 on long-term charts, new highs on the S&P 500 are likely. However, if it remains below this threshold, there's potential for a market correction, especially if RSI continues to lag.

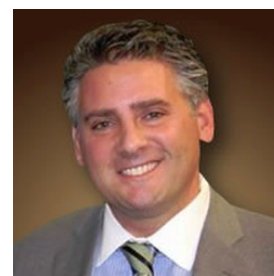
3. Potential Strategies and Risk Management: For investors concerned about potential market downturns, several strategies are proposed: using covered calls, implementing a "collar" by selling out-of-the-money calls and buying puts, and using replacement trades with limited risk options. The emphasis throughout is on risk management, especially as the market approaches the August to October window, historically a volatile period. The overall sentiment is cautionary, suggesting that while the market remains bullish, there's potential for a significant correction.

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**Bio:** The Option Professor has over 35 years experience, he is a graduate of Boston College and trained at Options Institute At The Chicago Board Options Exchange (CBOE). He has traded thousands of option contracts in all market conditions and has spent year training other options traders to do the same.

## Fausto Pugliese of [CyberTradingUniversity.com](http://CyberTradingUniversity.com)



### **Presentation Title:**

[Unearthing Iceberg Orders: Secrets to Tracking Big Block Trades](#)

### **Summary:**

1. Following the Big Money: The key to understanding market movements is tracking iceberg orders or large block orders. These massive buy or sell orders can indicate the future direction of a stock's price. For example, a stock's movement upwards can be predicted by identifying a large buyer at a specific price level.
2. Using NASDAQ Book Viewer: The NASDAQ Book Viewer provides live insights into where substantial buy and sell orders are positioned, allowing traders to anticipate price movements. This tool offers visibility into both buy and sell-side orders, letting traders predict resistance levels and potential breakout points.
3. Importance of Discipline: Success in trading is not just about predicting winners, but managing and understanding losses. It's essential to have a strategy that identifies when to cut losses and when to take profits. Without this discipline, traders can make decisions that prolong their path to success or even lead to significant financial setbacks. Cyber Trading University offers training and live market insights to help traders navigate these challenges.

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**Bio:** Fausto Pugliese is founder and president of Cyber Trading University. Fausto began his career on Wall Street as a stockbroker and was one of the first independent traders to take advantage of the Direct Access Trading technology. After spending considerable time mastering the art and discipline of day trading, Fausto chose to start his own company to share some of his highly-sought-after wisdom. Fausto has won numerous trading competitions around the world against the top traders in the industry, and is the 12-time champion at the World Traders Challenge.



# Andrew Lockwood of TheCityTraders.com



## **Presentation Title:**

[Mastering Momentum: A Deep Dive into Currency Strength Meter](#)

## **Summary:**

1) Andrew Lockwood's Experience and Tool Preference: Andrew Lockwood, with over 20 years of trading experience from the City of London's trading pits, is the co-founder and CEO of City Traders. While he doesn't use many modern technical indicators, he emphasizes the significance of the currency strength meter (which he calls "momentum meter") in his forex trading.

2) Function and Importance of Momentum Meter: This meter displays the momentum behind each currency, indicating which are strong or weak. It operates as a moving average comparison tool, mainly against the US dollar (which accounts for 88% of all FX transactions). The meter's visual cues guide traders in understanding money flow in the market, aiding in selecting the right currency pairs to trade.

3) Accessibility and Application: Andrew offers a version of this proprietary momentum meter on the TradingView platform for free, allowing traders to identify potential opportunities across various timeframes. He considers it essential for gaining an edge in forex trading, emphasizing its role in trend identification and decision-making.

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**Bio:** Andrew Lockwood is a seasoned professional trader with over 35 years in the financial sector. Starting at the London Stock Exchange, he specialized in bond pits at major banks like Warburgs and Lehman Brothers. Later, he aided the Singapore Stock Exchange in transitioning to automated trading. Since 2005, Andrew has been an influential online trader in Forex, Cryptos, and other markets, managing his own retirement fund. Balancing trading with education, he's coached 100,000+ students and amassed a 350,000-strong online following.

# Michael Katz of TradeThePool.com & The5ers.com



## **Presentation Title:**

[MACD Demystified: How to Spot Market Reversals](#)

## **Summary:**

1. Importance of Chart Reading before Relying on Indicators: Michael emphasizes the primary importance of understanding and reading the naked chart — the momentum, price, high/low, bid/ask, and volume. Indicators, such as MACD, should only be used to confirm what traders already interpret from the chart itself.

2. Utilizing MACD for Divergence Analysis: The MACD (Moving Average Convergence Divergence) is one of Michael's most trusted indicators. It reveals negative or positive divergences in the market — when the chart shows one direction (e.g., upward trend) but the MACD shows the opposite (e.g., weakening momentum). Recognizing these divergences can help traders predict potential market reversals, offering insights on when to buy or sell.

3. Trading Caution: While MACD is valuable, traders should avoid solely relying on it. Other factors, such as liquidity levels and market resistance, should be considered. Furthermore, while the MACD can be applied across various timeframes, understanding the chart is paramount before diving into any indicator. Michael's approach underscores a holistic view of trading, merging chart analysis with indicator insights.

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**Bio:** Michael is the CEO of Trade The Pool and has 15 years of experience in day trading stocks and futures, and developing technological tools for traders.

# David Keller of StockCharts.com



## **Presentation Title:**

[RSI Unpacked: Overextension, Phases, and Divergence](#)

## **Summary:**

- 1) Introduction & Expertise: Dave Keller, Chief Market Strategist at stockcharts.com, emphasizes his proficiency in technical analysis, introducing the Relative Strength Index (RSI) as a pivotal tool.
- 2) Function & Application of RSI: RSI identifies overextended market conditions. It signals overbought scenarios when above 70 and oversold when below 30. RSI's range can further indicate a stock's bullish or bearish phase. Notably, divergences in RSI might hint at trend exhaustion.
- 3) Concluding Remarks: Keller recommends exploring his other insights on technical analysis at marketmisbehavior.com, emphasizing the importance of understanding market behavior for improved decision-making.

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**Bio:** David Keller, CMT, is the Chief Market Strategist at StockCharts.com, emphasizing behavioral biases in investing through technical analysis and mindfulness. He's President of Sierra Alpha Research LLC, blending technical analysis, behavioral finance, and data visualization. Previously, he led Fidelity Investments' Technical Research Department and co-managed their Business Associate Program. David has been a leader in the CMT Association and has lectured at Brandeis University. Earlier, he contributed to Bloomberg and edited a book on technical analysis. A trained musician and aspiring pilot, David lives in Duvall, Wash. and holds degrees from The Ohio State University in Music and Psychology.

# Doc Severson of 12MinuteTrading.com



## **Presentation Title:**

[12-Minute Trading Blueprint: 4 Must-Know Rules](#)

## **Summary:**

1. **Dominance of Larger Timeframes:** Trading success hinges on recognizing that larger timeframes dictate the primary trend. It's essential to read and understand the direction of these anchor charts and trade accordingly. Understanding the 'walking the dog' analogy is crucial to recognize how larger trends dictate smaller, intraday movements.
2. **Reversals Originate from the Inside:** Reversals, the ultimate targets for many traders, start at smaller timeframes and propagate outward. This inside-out phenomenon means that while larger timeframes provide trend direction, smaller timeframes are the early-warning systems for reversals, offering high reward-to-risk opportunities.
3. **Patterns Inevitably Break:** Recognize that descending patterns will eventually break upwards, while ascending patterns will break downwards. This cyclical nature of the market, guided by the principle of "what goes up, must come down (and vice versa)," underscores the importance of reading trend lines and patterns for better trade positioning.

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**Bio:** Doc's specialty is to take absurdly difficult concepts and simplify them so that anyone can apply to find an edge in financial markets. Sought-out specialist for multiple timeframe trading systems, "Fractal Energy" Trading, Trader Mindset and Trader Psychology application, & Trader Performance Enhancement across all markets; Stocks, Options, Futures, and CryptoCurrency. Also proving since 2005 that hair is not necessary to trade.

# Sunny Harris of MoneyMentor.com



## **Presentation Title:**

[Sunny Bands: Your Key to Deciphering the Market's Pulse](#)

## **Summary:**

1. Introduction & Expertise: Sunny Harris has been a professional trader for over 42 years, specializing in futures, stocks, and crypto, but not options. She has navigated through significant market crashes, emphasizing her experience and adaptability. She is dedicated to helping others improve their trading skills, and all her insights are rooted in genuine trading practices.

2. Tools & Techniques: Sunny introduced her proprietary tools, primarily the Dynamic Moving Average (DMA) and Sunny Bands. The DMA is a recalculating moving average designed to reduce whipsaw losses during choppy periods. Sunny Bands, derived from the DMA, indicate potential trading signals and consist of blue inner bands and green outer bands. Additional tools include the DMA histogram, which helps determine the market's overall direction, and the PHW indicator, representing ideal turning points in trading.

3. Practical Application & Contact: Demonstrating her methods using various charts, including the Dow, E-mini, and Tesla, Sunny showcased the effectiveness of Sunny Bands across multiple time frames and symbols. She encouraged traders to explore her rules available for download on her website, [moneymentor.com](http://moneymentor.com), and reiterated her openness to direct communication for further queries.

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**Bio:** Sunny J. Harris has been trading since 1981. She is a computer programmer and Mathematician, having used TradeStation since the early SystemWriter™ and SuperCharts™ days in the 1980s. Besides TradeStation, Sunny has also used MetaStock, Genesis Navigator, TC2000, VantagePoint and MultiCharts (and more) in her own trading. She was rated #1 Trader in the under \$10 million category by Stark Research two years running, achieving a 365% and 178% profit in two consecutive years.



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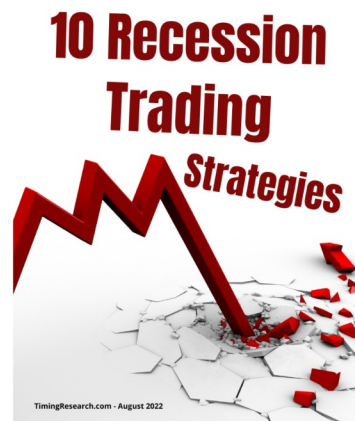
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