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6 Chart Patterns That Signal Opportunity in Volatile Markets

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On the following page you will find an article that is a summary of the Crowd Forecast News Episode #494 panel discussion.
This document is an attempt to distill the most important points from the episode down to a single, brief article.

This document is part of a BETA TEST! If you find this PDF useful, or think there should be improvements, please email us at news@timingresearch.com with any feedback.

Episode Details Below (Summary article starts on the following page)

Recorded: 09/15/2025 at 4PM ET
Duration (video & podcast): 53 minutes

Highlights:
• S&P 500 Market Outlook
• Technical Analysis and Market Indicators
• Impact of Fed Announcement and Market Reactions
• Trade Talks and Market Sentiment
• Investment Strategies and Sector Rotation
• Technical Trading Patterns and Indicators
• Emotional Control and Trading Psychology

Lineup for this Episode:
• Norman Hallett of TheDisciplinedTrader.com
• Alaina Nicole of InvestingBae.com
• Sunny Harris of MoneyMentor.com

Click here to watch the full episode.

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The article below is a summary of CFN #494 panel discussion. The quotes are statements directly from the panelists on the show; click the link above to watch the full episode!

Title: 6 Chart Patterns That Signal Opportunity in Volatile Markets

Volatility often sparks fear among traders, but it also creates unique opportunities for those who know what to watch. Chart patterns are one of the most reliable ways to anticipate shifts in momentum and spot trades with strong potential. Here are six patterns that can help you navigate turbulent markets with confidence.

1. Congestion Zones Reveal Imminent Breakouts

When prices cluster tightly across daily, weekly, and monthly views, they signal an upcoming expansion. Congestion acts like a coiled spring, and once price escapes the zone, the resulting move can be powerful.

"Because it shows me where the congestion is on a daily, weekly and monthly basis."

2. Moving Average Crossovers Confirm Shifts in Trend

Watching short-term and long-term averages converge and then diverge is one of the simplest ways to spot trend changes. Crossovers can precede both major reversals and powerful continuations.

"The crosses here are pretty significant. You can see this, you know, ever since May."

3. Fibonacci Retracements Expose Key Reversal Levels

Markets often respect Fibonacci levels as natural turning points. Identifying these retracement levels can highlight both profit-taking areas and new entry points for trend-following trades.

"The 23% Fibonacci retracement's down at about on the ES is down at 6288."

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4. Gaps Demand Attention for Future Closes
According to classic candlestick theory, gaps—windows on the chart—often close over time. Monitoring them provides insight into likely price paths and helps traders manage risk around sharp moves.
"The Japanese Candlestick theory says the windows must be closed, so we close the gaps."

5. Accumulation Patterns Signal Big Upside Potential
Extended periods of sideways action often represent accumulation. When the breakout finally arrives, it can trigger a sustained directional move.
"This is, I mean, I actually see this market in the three to $4,000 area within a year."

6. Candlestick Triggers Highlight Short-Term Entries
Patterns like hesitation candles followed by decisive moves—sometimes called "loaded gun" setups—provide precise short-term entry signals. Combining them with trend context improves reliability.
"When you have hesitation for a series of hesitations… followed by a more dramatic movement through the eight."

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