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7 Insights From Gold and Tech You Can't Ignore

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On the following page you will find an article that is a summary of the Crowd Forecast News Episode #496 panel discussion. The article is an attempt to distill the most important points from the episode down to a single, brief article.

This document is part of a BETA TEST! If you find this PDF useful, or think there should be improvements, please send feedback to news@timingresearch.com.

Episode Details:



Recorded: 09/29/2025 at 4PM ET
Duration (video & podcast): 61 minutes

Highlights:
- Market shows resilience despite bad news
- Slow, steady grind preferred over melt-up
- Fibonacci retracements guide entry and stops
- Dynamic moving averages signal likely pullbacks
- VIX below 20 remains bullish signal
- Tesla seen as robotics, not just EV
- Gold acting like growth stock trend
- Traders stress reversion to mean risk
- Flexibility, hedging, short-term trading emphasized

Lineup for this Episode:
- Price Headley of BigTrends.com
- Norman Hallett of TheDisciplinedTrader.com
- Sunny Harris of MoneyMentor.com
- The Option Professor of OptionProfessor.com

Click here to watch the full episode.

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The article below is a summary of CFN #496 panel discussion. The quotes are statements directly from the panelists on the show; click the link above to watch the full episode!

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Title: 7 Insights From Gold and Tech You Can't Ignore

Markets may swing wildly, but certain signals from gold and technology reveal deeper truths about where opportunities lie. Traders and investors who tune into these clues can position themselves with clarity, discipline, and foresight.

1. Buy the Retests, Not the Highs

Strong uptrends offer multiple entry points if you know where to look. Rather than chasing breakouts, focus on pullbacks into support, where risk-reward tilts in your favor.

"Every pullback that we've had has been a buying opportunity."

2. Respect Fibonacci Levels in Trending Markets

Fibonacci retracements and extensions provide reliable guideposts, particularly when combined with longer-term moving averages. These levels help identify where exhaustion ends and fresh strength begins.

"I use the Fibonacci retracement… the 50 and the 61% levels become critical stopping points."

3. Watch for Shifts in Volatility

Complacency can linger for months, but spikes in volatility often warn of deeper cracks. A rising VIX above 20 has historically signaled turbulence worth hedging against.

"When you see VIX start surging above 20 and staying above 20, that's when longer-term hedges kick in."

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4. Tesla Is More Than an EV Play
Investor sentiment may focus on declining electric vehicle sales, but the company's future narrative is shifting toward robotics and AI. Insider buying reinforces this longer-term vision.
"Musk just recently bought another billion dollars worth of stock… insiders only buy for one reason."

5. Gold Is Acting Like a Growth Stock
Far from a stagnant hedge, gold's clean technical breakouts suggest institutional flows and inflation fears are fueling a powerful long-term trend.
"GLD has been just truly golden… acting like a growth stock growth sector, if I ever saw one."

6. Diversify With Metals Beyond Gold
Rare earths, platinum, and industrial metals are becoming central to future technologies, from hydrogen cars to energy infrastructure. These shifts create opportunities beyond traditional safe havens.
"Everything is about the minerals, the metals… you gotta have some metals in there."

7. Tech Leaders Still Drive the Cycle
AI, data centers, and cloud demand remain market movers. But gaps after earnings, whether in Oracle, Microsoft, or others, often tell you whether institutions are still hungry or ready to sell.
"If it keeps going up after that initial gap up… it tells you institutions don't have enough of that stock."

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