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7 Signs The Market's Big Rebound May Be Deceiving

Published: 11/09/2026

On the following page you will find an article that is a summary of the [Crowd Forecast News Episode #553 panel discussion](#).

The article is an attempt to distill the most important points from the episode down to a single, brief article.



Recorded: 11/09/2026 at 4PM ET
Duration (video & podcast): 60 minutes

Highlights:
- Relief rally or bear trap? Key technical evidence
- S&P resistance levels that could determine market direction
- VIX and RSI signals distinguishing rebounds from reversals
- Missing capitulation signals suggesting further downside risks
- Market breadth clues revealing strength behind the rally
- Leveraged ETF opportunities after dramatic technology selloffs
- Biotech breakout candidates showing resilience despite market weakness
- On-balance volume signals revealing potential accumulation
- Credit spread strategies for uncertain market conditions
- Automated options exits for disciplined risk management

Lineup for this Episode:
- Erik Gebhard of Altavest.com
- Sunny Harris of MoneyMentor.com
- Harry Boxer of TheTechTrader.com
- The Option Professor of OptionProfessor.com

[Click here to watch the full episode.](#)

[AD] [3-Minute Earnings Blueprint Workshop](#)

The article below is a summary of the recent CFN panel discussion. The quotes are statements directly from the panelists on the show; click the link above to watch the full episode!

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[AD] 3-Minute Earnings Blueprint Workshop

Title: 7 Signs The Market's Big Rebound May Be Deceiving

A sharp rally after a selloff can feel like proof the worst has passed. Sometimes it is. But oversold rebounds can be dramatic even while bearish trends remain intact. Before increasing exposure, examine seven signs that strength may be less convincing than it appears.

1. Price Returns To Resistance Instead Of Clearing It

After a breakdown, former support frequently becomes resistance. Plot recent swing highs, declining trendlines, and key moving averages before treating a rebound as a new uptrend. If price merely recovers to its breakdown level and stalls, the move may be a retest rather than a reversal. Require a decisive break and continued follow-through.

"when the market breaks like it did, snaps back to resistance, and doesn't break through, and starts to roll over, then it starts to cascade lower."

2. Fear Remains Elevated Despite The Bounce

A rally can lift prices without bringing down volatility enough to signal restored confidence. Follow the VIX alongside stock indexes and ask whether declining volatility persists beyond one session. Sustained elevated readings suggest traders still expect substantial price swings; treat them as a caution flag, not a prediction of imminent losses.

"we're still elevated, and we are not buyers here."

3. Oversold Indicators Are Doing Much Of The Work

A deeply depressed RSI often sets the stage for a sharp, short-lived recovery as sellers cover and bargain hunters rush in. That bounce alone does not establish a durable bottom. Compare momentum readings across time frames, then look for higher lows and strengthening trend structure before assuming the move can last.

"I believe this is a dip oversold. We bounce back today."

[AD] 🔥 PDF: QQQ Options Playbook

4. Selling Never Reached Convincing Capitulation

Many major lows feature pronounced fear, intense selling pressure, and unusually negative breadth. Monitor intraday TICK, advance-decline ratios, and the McClellan Oscillator for evidence that liquidation became extreme. Lack of such a climax doesn't rule out a bottom, but leaves open the possibility of a renewed test of lows.

"I have not seen a selling climax, the kind where the VIX, the tick intraday, and the indicators that I follow are at extremes."

5. Former Leaders Remain Badly Damaged

Headlines about an index rebound can obscure deep declines in heavily traded growth names. Review each sector's underlying charts and compare equal-weight indexes with capitalization-weighted benchmarks. If former leaders remain far below their peaks and technical trends are broken, broad market health may be weaker than the headline suggests.

"some of these are down 40, 50% off their highs already."

6. Follow-Through Is Missing

A single high-volume up day may be encouraging, but durable recoveries often require several sessions of improving participation and successful

breakouts. Track up-volume versus down-volume, volume as prices approach resistance, and whether leaders retain gains instead of reversing. Let observable behavior confirm your thesis rather than forecasting a turnaround.

"trade what you see, not what you think."

7. The Rally Creates Urgency Instead Of A Plan

Fear of missing the rebound can push traders into oversized positions at poor entries. Set invalidation levels, size trades for potential whipsaws, and consider remaining in cash if the evidence conflicts. A disciplined investor does not need to participate in every bounce; preserving capital creates opportunities for clearer setups.

"Having no position is sometimes a position, right?"

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